



## BODY FLOW YOGA TEACHER TRAINING INFORMATION AND APPLICATION PACK



### APPLICATION FORM FOR BODY FLOW YOGA 50 HOUR AERIAL TEACHER TRAINING

#### Prerequisite outline

All applicants must complete the application form below and participate in a phone interview process prior to being granted admission into trainings.

All applications will be reviewed and are subject to approval by Body Flow Yoga.

Full name:	
Phone number:	
Email:	
Residential address:	
Date of birth:	
Emergency contact name & number:	
Course name or combination of courses I am applying for:	
Medical Information: please describe in detail any past or present medical conditions or physical injuries.	
Please provide details of any Yoga qualifications and/ or alternative health and wellbeing qualifications that you hold. Please include all relevant training and copies of relevant certifications with your application.	
If you are not a certified yoga instructor and just applying for the Aerial Yoga course, do you plan on undertaking teacher training to become fully qualified ? Y or N	

<p>How many years/months have you been practicing yoga, aerial yoga or your relevant disciplines? Please outline where you have practiced during this time e.g. at bodyflow, at home, twice a week at another yoga studio, once a week at the gym</p>	
<p>How much Aerial Yoga have you done and where have you practiced. Please be specific with hours and locations.</p>	
<p>In your own words, outline your expectations of this training and whether you wish to teach Aerial Yoga, just deepen your personal practice, start a business or add the Aerial Yoga modality to your existing business. Please give as much detail as possible.</p>	

To complete your application, please read the following opportunities, terms, conditions and confidentiality agreement carefully

### Franchise Model: Join the Body flow family

Body flow yoga has limited franchises available for the right people. This is an opportunity for a teacher looking to open their own studio with support from a yoga school known for its commitment to high standards of teaching and operation. As a studio operator/ owner, you would receive guidance in venue and location choice and studio set up, support in ongoing teacher training and development, expert marketing and business support plus branding, website and software setup. Financial terms and conditions provided upon request.

### Aerial Yoga Non Compete Clause

All teacher trainee graduates and participants in any and all body flow yoga trainings agree not to operate aerial yoga classes defined as yoga classes utilising the aerial silks as an independent contractor or otherwise, run aerial yoga classes as an employee or contractor of another business or open a yoga studio that offers or specialises in aerial yoga within a 10 km radius of the Windsor, Melbourne studio. As the course provider, body flow yoga reserves the right to take legal action against parties that breach this clause. This non compete clause is valid for 5 years from the date of course completion.

### Licensing Model when teaching Aerial yoga Mentoring and support

If operating aerial yoga classes in a studio outside the 10 km radius of Windsor, the non compete area, licensing fees are applicable once average monthly class number equals or exceeds 40 classes being taught. This fee ensures support for your teaching. You receive yearly refresher and development training for up to 50 hours for one teacher and 50% discount for additional teachers or training courses. You also receive a one on one monthly mentoring meeting or phone conference with the education director at body flow yoga. The licensing fee is \$500 per month payable monthly.

## CODE OF CONDUCT

By signing this application form you agree to the following code of conduct should you be accepted into the training course.

- To respect the rights, dignity and privacy of other students and your teacher trainers and to treat all communications with professional confidence
- To not discriminate against or refuse professional help to anyone on the basis of race, gender, sexual orientation, religion or national origin.
- To establish and maintain professional relationship boundaries with teacher trainers and other teacher trainees at all times.
- To understand that all forms of sexual behaviour or harassment is unethical and to only use appropriate methods of touch when assisting students.
- To not behave in a way that is disruptive to others learning, disrespectful to teacher trainers or teacher trainees that constitutes bullying behaviour.
- To provide written notice in advance for any missed or late arrivals to lectures.
- To hand in all required work on time or seek special considerations from body flow yoga teaching faculty.
- To attend a minimum of 80% of course contact training hours, to be responsible for following up on missed training notes and to complete all required contact and non contact activities and learnings.
- Should you fall behind in course participation, learning activities or miss more than one deadline, a formal meeting with body flow yoga faculty will be required to assess whether its suitable for you to continue the course.

I acknowledge that the application information I have provided above is true and to the best of my knowledge at this point in time. I understand that Body Flow Yoga reserves the right to ask students to the leave the course at any time, without notice or refund.

I hereby acknowledge my understanding and compliance of the above clause and code of conduct and agree that all the information herein will be treated as confidential and the property of Body Flow Yoga PTY LTD.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Please submit this signed application in person, as a pdf, or readable google docs sheet to [hello@bodyflowyoga.com](mailto:hello@bodyflowyoga.com) Upon receiving your application we will be in contact with you to discuss any details.